



St. Richard's
Hospice
CARING FOR LIFE

Registered charity no. 515668

Paddle, Plod & Pedal Booking Form 2019

One booking form per person. Signed waiver must be included.

Title: _____ First Name: _____ Surname: _____

DOB: _____ Address: _____

Postcode: _____

Mobile Number: _____ Home Number: _____

Email Address: _____

Emergency Contact Name & Number: _____

Team Name: _____

How many individuals in your team? _____

T-Shirt Size: S M L XL

We provide breakfast baps at The Fleet & a pig roast at Pershore FC for all participants. Please advise us of any vegetarians/special dietary requirements: _____

- I pledge to raise £1,500 or more per team
- I have read the terms & conditions and waiver

Signed _____ Date _____

Please return to: Fundraising Department, St Richard's Hospice,
Wildwood Drive, Worcester, WR5 2QT

Paddle, Plod & Pedal Terms and Conditions and Waiver

St Richards Hospice is the organiser

Event Rules / Conditions of Entry:

- The paddle route is led by the qualified instructor and all instructions must be followed. A life jacket must be worn at all times for the paddle route.
- No stunts or hazardous actions should be attempted.
- No alcohol or drugs to be consumed prior to or during the event
- If there is a marshal, St Richard's Hospice staff member or bell boat leader giving instruction, pay close attention and obey the instruction for your safety and that of others.
- If another participant is in need of assistance you will alert a marshal or St Richard's Hospice member of staff.

I understand that:

- This is a team event, not a race and that I will be walking/bike ride on multi terrain paths, public rights of way, roads and open countryside.
 - The PPP event can be physically and mentally challenging, and includes various hilly terrains.
 - I understand I must be physically and mentally prepared to undertake the event and consult a doctor prior to taking part if pregnant, or have any injury, medical condition or disability.
 - I need to train and attend at least one paddle practice sessions prior to the event.
 - I need to bring appropriate clothing and footwear.
 - Participation in the PPP challenge is entirely at my own risk
 - You must wear appropriate safety wear e.g., life jacket for paddle, helmet for bike ride.
 - Organisers and instructors have the right to refuse participation at any stage during the challenge.
- Routes may change due to weather conditions or be cancelled or postponed in extreme weather conditions.
- This event takes part in a natural environment, as such in some areas the ground can be uneven or slippery and insects may be present.
 - The event organisers are not responsible for any personal possessions I bring or use at the event.
 - St Richard's Hospice staff and instructors have taken all reasonable precautions to ensure my safety on the challenge but accept no further liability.
 - This is a fundraising event and I pledge to raise as much money as possible.
 - I must look at the kit list, wear appropriate clothing and bring all appropriate snacks and equipment.

I confirm that:

- am 18 years of age or above (or have permission from parent/guardian) and have no known health problems which would prevent me from taking part in the PPP Challenge.
- am fully aware of the risks to myself with participation in the PPP challenge. These risks include damage to or loss of property, personal injury and extreme cases, death.
- If you or another participant is in need of medical attention, you will alert a St Richards Hospice staff member, marshal or volunteer.
- will comply with all instructions given by the event organisers (St Richard's Hospice), and instructors and use any equipment as directed so as not to hurt or injure others.
- am fit and healthy and do not suffer from any medical condition which would adversely affect my/our ability to safely participate in the PPP Challenge.

Release:

- hereby acknowledge and accept that the organiser, leaders, volunteers and its staff shall not be liable to me for any unforeseeable loss or damage arising from my participation in the PPP Challenge, including indirect or consequential loss or damage.
- This disclaimer does not exclude the event organiser's (St Richards Hospice) liability where an injury or death arises as a consequence of the organisers negligence or that of its staff or fraudulent misrepresentation or any other matter for which it would be illegal or unlawful for the organiser to exclude attempt to exclude its liability.

Agreement

- have read and fully understand the terms of this disclaimer. By participating in this event I agree to being photographed or videoed and that any images captured will be the property of St Richard's Hospice and be used in press releases, promotional materials or in all manners of media including social media.
- if any court or competent authority finds that any provision of this document (or part of any provision) is invalid, illegal or unenforceable, that provision or part provision shall, to the extent required, be deemed to be deleted, and the validity and enforceability of the other provisions of this agreement shall not be affected.

Signed _____ Date _____

Signed by guardian if under 18 _____ Date _____