

# An introduction to Palliative and End-of-Life Care



St. Richard's  
Hospice  
CARING FOR LIFE

This course is for volunteers and staff from voluntary organisations to increase knowledge and confidence, to recognise distress and how to support the people being cared for and the volunteers themselves.

Course description:

The programme covers:

- Communication skills, assessment and your role in care planning
- An understanding of holistic care
- Recognising common symptoms and what you should do
- Principles of teamwork
- Supporting families and carers at end of life
- Recognising how to care for yourself

## 2015 Course dates

18<sup>th</sup> June

16<sup>th</sup> July

13<sup>th</sup> August

17<sup>th</sup> September

15<sup>th</sup> October

19<sup>th</sup> November

17<sup>th</sup> December

**Cost**      £10 Per delegate

**Timings for the day are 10am – 4pm**

**If you do not have access to our website please contact your volunteer coordinator**

### Bookings & Enquiries

For further details and bookings, please contact

**Education & Resource Centre Administrator**

on **0845 128 1301**

or email: [education@strichards.org.uk](mailto:education@strichards.org.uk)