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**A Drawing a Day**

If you are lacking inspiration in 2021 why not try our drawing a day challenge. January is international month of: creativity / hobbies / reaching your potential / ok to be different / soup

So why not make like an impoverished artist and create some soup to nourish your imagination – reach out for your potential in a different kind of way and try a creative hobby like drawing!

Here’s a list of themes to help motivate and inspire you:

**Daily themes and ideas**

**Friday 1st January: Numbers 2021**

* Lucky number 1 – what’s your lucky number?
* The BIG one – or lots of little ones – doodle some numbers
* Find a dot to dot puzzle – or create your own
* Illustrate a number or sequence of numbers

**Saturday 2nd January: Science Fiction Day**

* Pure escapism – let your imagination flow – out of this World
* Create an alternative Universe or design a planet
* Shoot for the stars – try a wax resist star scene or night sky. Use wax pastels or a candle with black or blue ink or paint

**Sunday 3rd January: A festival of sleep**

* Draw the curtains and relax - Concentrate on light and dark or shadows- check out youtube clips for inspiration and techniques
* Draw your dreams and sleep rhythms. Draw with your eyes closed!

**Monday 4th January: T. S Eliot died 1965 – CATS**

* Illustrate a T S Eliot poem – or cheat and watch the film ‘CATS’
* Draw or paint a favourite cat or make a cat mask
* Read and illustrate ‘Cats sleep anywhere’ (Eleanor Farjeon)
* Look at the cat illustrations of Martin Leman
* Create a picture for a month in a cat calendar

**Tuesday 5th January: Twelfth night – three kings**

* Illustrate the song ‘We three Kings of Orient are’
* The 12 days of Christmas – what gifts were given?
* What you will – or won’t know, about the play and characters. Design a programme or costume for a character in ‘Twelfth Night’
* Make drawing your crowning glory and design a tiara or crown

**Wednesday 6th January: - Artist- Frida Kahlo**

* Frida was famous for self-portraits – draw or paint your portrait
* Khalo drew and wrote in a journal – consider keeping a journal
* Design a Frida Kahlo headdress or costume

**Thursday 7th January: New Year Resolutions**

* A week into January – did you start to journal?
* Change and new ideas – put a new spin on an everyday object
* Yesterday was cuddle up day – snuggle down with a good sketch book and draw on your imagination – or draw a cup of tea

**Friday 8th January: ELVIS** 1935 **& BOWIE** 1947

* Draw inspiration from one of their songs
* Create an album cover or design a costume for one of these music legends
* Use old sheet music to make a collage or mixed media piece

**Saturday 9th January: Bubbles – yesterday was Bubble Bath Day**

* Draw a hot bath and let your imagination flow with watercolours
* Try a bubble print by blowing bubbles through a straw into a bowl of coloured water and take a print from the top
* Research the PEARS soap advert using ‘A Childs World’ 1886 painting by Sir John Everett Millais

**Sunday 10th January: Barbara Hepworth** 1903 **& houseplant appreciation day**

* Draw a houseplant – look at textures and negative shapes
* Research the artist/ sculptor Barbara Hepworth – create an abstract piece based on the shapes of a houseplant
* Design your own houseplant or cacti or succulent plant

**Monday 11th January: Venice**

* Transport yourself to another place – floating in a gondola and research these artists born in January who painted Venice
* John Singer Sargent – 1856 (JAN 12th)
* Experiment with watercolours – maybe a Venetian painting like Sargent’s. Paint a river, canal or the sea
* Edouard Manet – 1832 (JAN 23rd) The Grand Canal
* Paul Cezanne – 1839 (JAN 19th)

**Tuesday 12th January : Paul Cezanne**

* Explore the work of Cezanne
* Draw a version of the Malvern Hills; Cezanne style
* Cezanne created a lot of still life paintings with fruit. Draw or paint some fruit or set up a still life with a fruit bowl to inspire you

**Wednesday 13th January: Rubber Duck Day**

 **Jeff Koons** (Jan 21st 1955)

* Go quackers! – design a rubber duck
* Draw a Jeff Koons balloon inspired duck
* Find images of ducks and sketch them

**Thursday 14th January: Take a line for a walk**

* Too cold to go outside? Draw a map of your house/garden or your street/ village/ town/city – or just one room – a floor plan
* Use one line to draw one object in one room

**Friday 15th January: National HAT Day**

* Draw a variety of hats – hats off to you if you can draw more than 15 different types!
* Research Rene Magritte – ‘The Son of Man’
* Make a paper hat or crown to wear whilst you are drawing

**Saturday 16th January: Snowdrops**

* Copy the hospice logo – think about how to abstract an image
* Go for a walk – hope you can find some snowdrops to sketch
* Try a different medium to create a snowdrop picture – watercolour pencils, pastels, pen and ink

**Sunday 17th January: Snow**

* Cut snowflake patterns out of paper and decorate your home
* Experiment with charcoal and chalk (snowscape)
* Experiment with wax resist and blue paint or ink (snowscape)
* Look at the ice sculptures of land artist Andy Goldsworthy

**Monday 18th January: Winnie-the Pooh Day. AA Milne** 1882

* Bear with us! – draw a bear or other cuddly toy – devise a character for them – who do they belong to
* Draw a map of 100acre wood – or just draw some trees

**Tuesday 19th January: Edgar Allan Poe** 1809

* Draw a raven – try charcoal or pen and ink for dramatic effect
* Look at a feather close up and in detail or try drawing with one

**Wednesday 20th: - Paul Cezanne – Jan 19th** 1839

 **Clarice Cliff – Jan 20th** 1899

* Draw a teapot or a vase and add a design in the style of Clarice Cliff or Cezanne
* Draw the Malvern Hills in the style of Clarice Cliff

**Thursday 21st January: National squirrel Day**

* Draw or paint a squirrel or other familiar wild British mammal
* It’s cold outside – draw a hibernating creature or a warm place
* Experiment with watercolours and variety of brushes

**Friday 22nd January: ELEPHANTS**

* Find out about the Worcester BIG Parade sculpture trail coming this summer. Look on the website and download an elephant to colour or create a design or make a milk bottle elephant
* Draw an elephant using just one BIG line

**Saturday 23rd January: Handwriting Day/ Pie Day**

* Draw a pie full of blackbirds or draw a pie full of words
* Draw what would be inside your ideal pie – hand write the recipe
* Write your name as if it’s made of pastry or make pastry letters of your name – or make a pie

**Sunday 24th January: Clashing clothes Day**

* Make/paint a colour wheel - Experiment with complimentary colours – an orange and blue sunset - poppies in a field of green
* If you are feeling brave try some tie dye

**Monday 25th January: Burns night – Robert Burns** 1759

* All things Scottish!? Tartan, thistles, haggis, lochs and mountains
* ‘My love is like a red, red rose’. What flowers do you love to draw?
* Take inspiration from Burns poetry and from nature – draw a garden of delights or a flower to gift to a friend

**Tuesday 26th January: AUSTRALIA DAY**

* Look at Aboriginal art – experiment with earthy colours
* Use a cotton bud to dab dots of colour in patterns inside the abstract shapes of stylised Australian animals

**Wednesday 27th January:- Jackson Pollock** Jan 28th1912

* Research Pollock – how did modern art get to this point?
* Experiment with dripping and flicking paint or paint an abstract pattern and mirror print it by folding over the paper – butterflies!

**Thursday 28th January: Lewis Carol** 1832

* Look at the illustrations of John Tenniel. Try drawing a character from Alice in Wonderland – experiment with styles and humour
* Try mirror drawing – use the hand you don’t usually use

**Friday 29th January: Patrick Caulfield** 1936

* Bold colours and designs. Try drawing birds or plants in his style!

**Saturday 30th January: BIRDS – RSPB Big Garden Watch**

* Make your bird drawings count for conservation. So many beautiful birds to draw from–what’s in your garden? Sketch inside or outside

**Sunday 31st January: Draw a dinosaur Day**

* So many to choose from – **BIG** or small – draw a dinosaur
* Try drawing a dinosaur with only one line
* or draw a volcano and let your creativity explode!

**A Drawing a Day** Get creative during the month of March

We’ve included a few phrases and ideas below to spark your imagination, so why not pick up a pencil, pen, or paint brush and get creative? We’re inviting you to create art that helps to relax you and observe the world around you. Maybe you can experiment with some new methods of creating images. There are great YouTube videos on trying out new ways of making marks on paper.

**Daily themes and ideas**

**Monday 1st March - Daffodils and Leeks**

* Do you have different varieties of daffodils? Could you do some colour mixing and matching? Explore how to mix subtly different shades
* Observe daffodils or leeks and draw them
* Slice a leek down its length and make a print. Use the prints to make wrapping paper

**Tuesday 2nd March - Everything in pairs**

* Socks come in pairs as do lots of other things, can you draw some using a stick
* What about things like pears where they can be turned to fit snuggly together

**Wednesday 3rd March - Repeats and symmetry**

* Take a shape that you like and out of cardboard or a potato make a block for printing
* Discover different ways to make repeat patterns.
* Does the shape look the same when you mirror it?

**Thursday 4th March - All Upside Down**

* You might like to try finding a picture or photo of an object and turn it upside down to draw. See how you draw when the object is not how you expect to see it.
* Find some crockery and arrange it on the table in front of you, use paints or pens or a pencil to make an image. Move to a different place and observe what you see there.

**Friday 5th March - Eyes closed**

* Can you mark make using different media on a large piece of paper with your eyes shut. How does it feel? Marks could be sweeping and swooping or small and detailed.
* You might like to use wide or fine felt pens, brushes or soft or hard pencils.

**Saturday 6th March - Texture**

* Try making rubbings using crayons. Try different types of texture; the grater, a tea strainer, fabric that’s knitted or woven, seed heads, embossed book covers
* Use your rubbings to make a collage of part of your garden or weave them in layers

**Sunday 7th March - Colour**

* Can you find a rainbow of coloured objects from around your kitchen or house?
* Look out of your window and record the colours you see (We will return to this on 30th)
* Choose some colours that you like together. Observe an object in your lounge and represent it in the colours you have chosen – try different combinations

**Monday 8th March - Iris**

* Today opens up opportunities, if you’re enjoying drawing, painting or printing flowers why not make an image of an iris
* Open our eyes to see the coloured iris, maybe make an image of an eye
* There is also the iris in a camera so you could take some photos

**Tuesday 9th March - Lambs**

* Dancing and frolicking lambs make movement patterns in the air can you represent these with marks. Think big, wide marks on paper
* Could you make a lamb using cotton wool? Or use it to print a lamb on coloured paper

**Wednesday 10th March - Rabbits**

* Can you represent a solitary rabbit in the landscape looking away or towards the viewer?
* Or maybe a domestic rabbit in their hutch
* As children on the first day of the month we used to listen out for the white rabbit bounding up the stairs. Can you draw the simple lines of a rabbit bounding?

**Thursday 11th March - Mr McGregor**

* Gardeners and farmers are beginning to work the land, can you represent, empty pots neatly stacked or lying around. Design a seed packet
* Terracotta or plastic pots have different reflective qualities how could you show this?

**Friday 12th March - Fields**

* Can you represent a patchwork of ploughed fields? How would you create the textures
* Field boundaries can be different too. Hedges, trees, dry stone walls and fences.
* Barbed wire with fleece caught on it blowing in the breeze

**Saturday 13th March - Forks**

* Can you draw a fork without taking your pencil off the paper?
* A fork for digging into food or for digging the land

**Sunday 14th March - Tools**

* Well here the sky is the limit; this could be domestic tools in your house or tools from your garage
* Or if you like machinery what about having a go at representing some farm tools

**Monday 15th March - Ides and Tides**

* The quote “beware the ides of March” opens up the opportunity to find some Roman patterns to copy. Could you design a sea themed tile?
* Let your mind take you to places by the sea and represent the smells, tastes, sight, sounds and feelings of the places. Represent the sea in an image

**Tuesday 16th March - Over the sea**

* We’re travelling to Ireland. The Irish sea can be choppy! Create a boat in a rough sea
* What kind of boat: sails, steam, paddle? Or maybe you would fly? Draw your luggage!

**Wednesday 17th March - Shamrocks and 4 Leaf Clovers**

* Clover leaves are made of hearts. Can you cut out or print the clover leaf pattern
* Maybe you can decorate paper with clover leaf prints to use as wrapping paper
* A Leprechaun could also be interesting to draw or trace and colour

**Thursday 18th March - Hexagons**

* The giants causeway is made of hexagonal basalt columns
* Can you draw a hexagon using a pair of compasses?
* Hexagons can be used for domestic tiles, can you make a design for a tile

**Friday 19th March - Squares**

* We talk about a square meal although today we eat off round plates. Maybe you could represent the food that you like to eat. A favourite meal or the plate itself

**Saturday 20th March - Day and Night**

* Today the day is as long as the night. You could represent day and night. Maybe there are constellations you would particularly like to paint.
* Stars brighten up the night. Can you collage some stars or use crayons to create stars
* Use charcoal or soft pencils to create a dark, shadowy night scene

**Sunday 21st March - Circles**

* Going round in circles. Let a twig move in circles in sand or dip it in ink and draw a continuous line of curved shapes.
* Do you remember handwriting practice? Mark-make repeating ‘o’s’ and ‘e’s’
* These may develop into patterns you can use in future image backgrounds or for collage.

**Monday 22nd March – Triangles**

* Triangles come in different shapes. As I look out of my window, I see different roof ridges
* What do you see out of your window? If you see houses can you represent them simply as flat shapes. You could overlap these shapes to show position or create perspective.

**Let’s explore various artists and how they may use specific colour themes in their work.**

**Tuesday 23rd March – Red – Titian (look at his portrait work)**

* Titian red hair (a shade of brown/orange) Try drawing or painting hair or animal fur
* Maybe you could study hairstyles from family photos and practise representing them

**Wednesday 24th March – Orange – Renoir or Cezanne (oranges and teacup, still life paintings)**

* Could you set up a still life with oranges and observe the shadows
* The texture of an orange could be represented as a small abstract, printed or drawn
* Slice across an orange and represent the juicy segment

**Thursday 25th March – Yellow – Van Gogh**

* Draw, collage or print sunflowers? Like Van Gogh you may want to put them in a vase
* Try making a repeat pattern of sunflowers or see how they look in a more formal setting

**Friday 26th March – Green – Rousseau (exotic or tropical jungles and gardens)**

* Maybe draw a naïve style jungle with black outlines to the different green plants.
* If a whole jungle seems too much, a house plant or something you can see from your garden could take its place

**Saturday27th March – Blue – Picasso (**

* Can you simply represent the human form, maybe a cartoon, or use abstract shapes
* Play with different shades of blue from teal to almost purple. Play with colour mixing. Have fun mixing different tints and shades of blue - adding either white or black

**Sunday 28th March – Purple – Prince (Well I didn’t say a visual artist)**

* Why not imagine a fantasy world where the rain is purple
* What colour are other things; the clouds, the ground, the flowers?

**Monday 29th March – Black and white**

* Try making an image in monochrome. This does not have to be black and white it could be shades of pink or green or any other hue. Familiar objects represented this way can look graphic and unfamiliar. Play with colours to make different monochrome palettes

**Tuesday 30th March – Colour**

* Remember that matching exercise from earlier in the month. Why not revisit the colours of your garden. See how they collection has changed over the weeks

**Wednesday 31st March - Poison d’Avril** (April 1st - Fool’s Day in France; they stick paper fish on each other)

* You might like to try collaging some fish or drawing a fisherman in a boat at sea
* Can you represent fish in a tessellating pattern like sardines in a tin

**A Drawing a Day**

Get creative during the month of October with our A Drawing a Day project!

We’ve included a few phrases and ideas below to spark your imagination, so why not pick up a pencil, pen, or paint brush and get creative?

We’re inviting you to doodle fruit and veg for the first week of the project. The following ideas all relate to themes of nature, being outdoors, and the environment. Overall, we’re looking at how creativity and nature can help enhance wellbeing.

**Daily themes and ideas**

**Thursday, 1st October: Apples and pears**

* Apple of my eye, The Big Apple, upset the apple cart
* One bad apple don’t spoil the whole bunch
* It’s all gone pear shaped, pairs of pears
* Thursday’s Love Books group will focus on the Harvest

**Friday, 2nd October: Go bananas with cheerful cherries**

* Be a top banana and go bananas this weekend, or make like a banana and split!
* Draw the cherry on top of the cake, cherry pick, take a second bite of the cherry
* Draw a fruit cake, or fruit sundae, ready for Sunday

**Saturday, 3rd October – Oranges and lemons**

* Can you ‘squeeze’ a couple of drawings in this weekend?
* How many pieces of fruit can you squash into a bottle?
* When life gives you lemons, make lemonade
* Bitter lemon, orange juice, orange peel

**Sunday, 4th October – Fruit basket**

* Any fruit we haven’t squeezed a drawing out of yet?
* Try drawing a piece of fruit using only one line
* A plum job, sour grapes, peaches and cream

**Monday, 5th October – Vegetables**

* Don’t be a couch potato
* Can you draw runner beans? Or, can you draw lots of vegetables running in a marathon?
* How about imagining a vegetable-themed Olympic Games?

**Tuesday, 6th October – Salad**

* ‘Corn-y’ jokes and rotten tomatoes
* Sweet corn, a radishing beauty, olive you so much, you make my heart beet
* Give peas a chance, cool as a cucumber, lettuce be friends, you gotta have heart
* Or, lettuce leaf this planet in a rocket

**Wednesday, 7th October – Take a leaf out of my book, or draw one in yours**

* Experiment and explore autumn colours and textures with leaves from your garden.
* Make a leaf collage using leaves or cut and stick out of recycled materials.
* Today’s follow up art club will look at the work of Acrimboldo

**Thursday, 8th October – Climate and change**

* Weather the storm – maybe try some moody charcoal drawings
* Take us by storm, steal our thunder, and send in your artwork
* Face like thunder, any port in a storm
* There’s a storm brewing, calm before the storm, cook up a storm
* Storm in a teacup, lightning bolt, like a hurricane
* Today’s Nature Therapy session is on the theme ‘fruit and veg’

**Friday, 9th October – Come rain or shine**

* Don’t save your drawing skills for a rainy day, throw caution to the wind and draw us a picture today
* Raining cats and dogs, right as rain, saving for a rainy day, take a rain check, rain on my parade, it never rains but it pours, nice weather for ducks
* Head in the clouds, cast a cloud over, every cloud has a silver lining, on cloud nine, breath of fresh air, full of hot air, hot air balloon, blowing hot and cold
* Experiment with watercolours

**Saturday, 10th October – Chasing rainbows**

* Over the rainbow, rainbows end, sky blue pink, Mr Blue Sky
* Bolt from the blue, ray of sunshine, sunshine on a rainy day, the sun has got his hat on, soak up the sun
* It’s the weekend – add a little colour!

**Sunday, 11th October – Sunflowers**

* There are more than 70 sunflower varieties – how many can you draw?

**Monday, 12th October – Herb Garden**

* Make sure you have plenty of thyme for drawing!
* How many different herbs can you draw in your garden? How can you use your herbs?

**Tuesday, 13th October – Dragonflies**

* Can you draw a dragonfly using only one line?

**Wednesday, 14th October – Light and dark**

* Look at the work of Bridget Riley – black and white patterns
* Take an everyday object and decorate it with a black and white pattern. Look at the optical illusions of M C Escher
* Today’s Art Club will focus on the work of Bridget Riley and M C Escher

**Thursday, 15th October – You’re a star**

* Celebrate your drawing skills and sketch some fireworks
* Maybe try some wax resist drawing
* Today’s Love Books session will look at the theme ‘Fire and Light’

**Friday, 16th October – Sticks and stones**

* Try using a stick to draw with
* Use ink or watered-down paint, or spilt tea, coffee, or even mud!
* Let your imagination spill over, accidentally spill your drink in your enthusiasm for drawing and turn your splatters into something beautiful!

**Saturday, 17th October – Tree line**

* Draw a tree with one line only – evergreens and Christmas trees may be easier

**Sunday, 18th October – Take a trip to the sea**

* Can you draw some sea creatures with smiley faces?

**Monday, 19th October – Water, water, everywhere**

* Rivers, streams, canals, lakes, reservoirs – wavy lines and spirals

**Tuesday, 20th October – A word in your shell like…**

* Draw a collection of shells. Try using words instead of lines to create your images

**Wednesday, 21st October – Ice and snow**

* Create snowflake patterns or try drawing with watercolour pencils and then melting a lump of ice over your drawing for a cool smudgy effect
* Wednesday’s Art Club will look at the artist Andy Goldsworthy

**Thursday, 22nd October – Winter, fields and forests**

* Draw a wintery scene – try using only cross hatching
* Or, try drawing a landscape using one continuous line
* Thursday’s Nature Therapy session will be about preparing your garden for winter

**Friday, 23rd October – View from your window**

* The view today and in different seasons

**Saturday, 24th October – Birds of a feather**

* Draw some birds you might see in your garden – try using a feather and some ink

**Sunday, 25th October – What’s bugging you?**

* Creepy crawly gardens, or birds and the bees
* Can you draw a home for some creepy crawly bugs?

**Monday, 26th October – Fingerprint faces to make you smile**

* Use paint or ink to make a fingerprint mark, and add different expressions

**Tuesday, 27th October – Rabbits and hares**

* Rabbit, rabbit, rabbit – run rabbit run
* Stargazing hares

**Wednesday, 28th October – Malvern Hills**

* Try a moody charcoal drawing or experiment with different styles like cross hatching
* Wednesday’s Art Club will look at the work of Henry Moore

**Thursday, 29th October – Sheep**

* Draw some curly, woolly sheep. Look at the drawings of Henry Moore for inspiration
* Thursday’s Love Books will look at festivals and celebrations

**Friday, 30th October – Candles**

* Light up your drawing skills – try some wax and water resist. Draw a picture with a candle then paint a wash of colour over it.

**Saturday, 31st October – Lanterns and Lights**

* Have a go at some carving or some printing techniques. Cardboard and ‘found object’ prints or potato prints. Experiment with light and dark.