

the  green

Wellbeing Café

Every Wednesday from 10.30am - 3pm

Pop in and join us for a cuppa, chat and your questions answered



Venue:

St Richard's Hospice,
Wildwood Drive,
Worcester, WR5 2QT
Parking available

www.strichards.org.uk



**St. Richard's
Hospice**

CARING FOR LIFE

Reg. Charity No. 515668



Wellbeing Café

The Wellbeing Cafe is open to anyone affected by a serious, progressive illness and their family members, carers and friends who are looking for advice or help. You don't need a referral from a health professional to come along.

Why not drop in for:

- Expert advice from staff and Living Well volunteers
- One-to-one guidance
- The opportunity to meet others and share experiences
- Signposting to services in the community or hospice
- A break with a free cuppa or buy delicious refreshments



We look forward to seeing you