



Complementary Therapy Volunteer

About the role

Volunteer Complementary Therapists provide support tailored to the needs of patients, loved ones, and bereaved people. From massage to aromatherapy, complementary therapy can offer benefits including reducing anxiety, improving sleep, and boosting energy levels.

We ask volunteer therapists to give a morning (9.30am to 1pm), afternoon (1.30pm to 4pm), or evening (6pm to 8.30pm) weekly or fortnightly.



What will you do in this role?

- Practice agreed therapies in line with the policies of St Richard's and with an awareness of the patient's diagnosis, treatment, and current condition
- Provide high-quality care, focussed on each person's needs and wishes, in collaboration with members of the multidisciplinary team
- Be aware of contraindications or precautions relating to the therapies you practice and adapt treatments accordingly
- Complete required documentation and provide feedback, including adverse effects, to the patient's nurse and Complementary Therapists
- Attend twice yearly Complementary Therapy Team meetings at St Richard's

What are the qualities and qualifications needed for this role?

- A minimum of two years' post qualification experience. Palliative care experience is desirable.
- Current membership of an appropriate professional body and fully insured
- A sound understanding of complementary therapies
- Volunteer therapists must be qualified in at least two of the following disciplines: aromatherapy massage, reflexology, Indian head massage, relaxation therapy, massage therapy, M Technique and HEARTS Therapy
- Friendly and compassionate with good communication skills
- To be keen to develop your existing skills and knowledge
- Basic IT skills



About St Richard's Hospice

St Richard's cares for adults with a serious progressive illness, improving their quality of life from diagnosis, during treatment and to their last days. And, we support their loved ones.

Volunteering at St Richard's Hospice

We offer a comprehensive onboarding process including an induction day and role specific training sessions. People who regularly volunteer at the hospice are subject to a Disclosure and Barring Service (DBS) check.

Our promise to you

- To be part of a team and make a difference to patients and their loved ones
- Support and guidance from our staff
- To gain new skills and work experience while building your confidence
- Invitations to social events and the chance to meet other volunteers and staff
- Opportunity to feedback about your volunteering experience
- Mentoring and continued professional development after a six-month period
- A flexible approach to volunteering
- Reimbursement of out of pocket travel related expenses
- Regular communication and updates about the hospice

Your promise to us


- Complete annual mandatory training
- Act in line with our shared values: caring, compassionate, committed and professional
- Maintain confidentiality
- Follow St Richard's policies and procedures
- Complete your agreed volunteer shifts
- Be a positive representative of St Richard's and an ambassador of our work

We are hugely grateful to our volunteers who help us continue to care for patients and loved ones. Thank you for your interest in volunteering with us.



Contact us

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